

RUMBA – a basic routine

Start in Latin close hold		
Step	Man	Lady
Forward basic		
s	Lf forward, checking action	Rf back, checking action
s	Replace weight back to rf	Replace weight forward to lf
ss	Lf back and to left	Rf forward and to right
Back basic		
s	Rf back, checking action	Lf forward, checking action
s	Replace weight forward to lf	Replace weight back to rf
ss	Rf forward and to right	Lf back and to left
Forward basic preparing for underarm turn		
s	Lf forward, checking action	Rf back, checking action
s	Replace weight back to rf	Replace weight forward to lf
ss	Lf back and left, raising lh to form arch	Rf forward and right, rh raised
Underarm turn to fallaway position		
s	Rf back, leading lady to step through arch	Turning to right, Lf forward under arms
s	Replace weight forward to lf	Completing turn, replace weight to rf
ss	Rf to side, changing hands	Lf to side, changing hands
Fallaway basic		
s	Turning left, lf back	Turning right, rf back
s	Replace forward to rf	Replace forward to lf
ss	Turning to lady, lf to side, change hands	Turning to man, rf to side, change hands
s	Turning right, rf back	Turning left, lf back
s	Replace forward to lf	Replace forward to rf
ss	Turning to lady, rf to side, change hands	Turning to man, lf to side, change hands
s	Turning left, lf back	Turning right, rf back
s	Replace forward to rf	Replace forward to lf
ss	Turning to lady, lf to side, retain hold	Turning to man, rf to side